

WINTER  
**2018**

**Shared Harvest**

FOODBANK

HUNGER IS NOT A CHOICE.  
GIVING IS.

www.sharedharvest.org

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### OUR MISSION

To find, rescue and distribute  
food to people living in  
poverty through an efficient  
network, uniting the public  
and private sectors;  
To raise awareness of the  
impact of poverty.

**FEEDING  
AMERICA**



**OHIO**  
ASSOCIATION OF  
FOODBANKS



Richard O Jones  
Editor

With 2017 Annual Report

# harvest gatherings



## Filling the 'SNAP Gap'

**K**athleen lives alone in Lindenwald and manages to get by on \$755 a month in Social Security benefits. Still, she only qualifies for \$16 a month in SNAP benefits.

That's not enough to feed herself all the time, so once or twice a month she goes to a food pantry to supplement what food she buys and receives from other programs, such as Shared Harvest's Commodity Supplemental Food Program.

Like many elderly Americans, Kathleen cannot survive solely on government programs, and says quite frankly that without food pantries and her monthly box, "I'd probably go hungry a lot of the time."

"There's a ton of food insecurity in Southwestern Ohio right now," said Robert Zohfeld, Shared Harvest's new SNAP Outreach Supervisor. "I see people who are homeless and just don't have a job, have no income, and we help those people acquire food to support their children and their families."

"A lot of times the help is temporary, but a lot of the people are also disabled, or elderly, and they are on a fixed income. Most people I see need help for a longer period of time, but I also see people who maybe lost a job and they're just trying to get through and keep food on the table for the next couple months."



I think people ought to know that people on SNAP are regular people. They're people that you probably know. There shouldn't be a stigma. It's important because it helps people put food on the table.

**- Robert Zohfeld**  
SNAP Outreach Supervisor  
513-276-9261

## Federal program not meeting basic needs

When was the last time you spent \$2.36 on a meal? Could you get by on \$1.86?

**A**ccording to a new study by the Urban Institute, that's the average amount per person spent by people living in food insecure households in the United States. The average American spends \$12.75 per meal at home.

But the primary government program helping food insecure families, the Supplemental Nutrition Assistance or SNAP, covers only \$1.86 of that \$2.36. That's a 27% deficit.

More than 42 million Americans received benefits totaling approximately \$64 billion in 2017.

Substantial evidence shows that SNAP effectively reduces food insecurity and poverty for millions of people and has important long-term benefits for children and families

However, several recent policy proposals include reductions in SNAP funding, and revenue shortfalls in the wake of the Tax Cuts and Jobs Act of 2017 will likely increase pressure on safety net programs such as SNAP.

## Notes from our director...

**I**n mid-February, I fell causing a shoulder injury that I am still recuperating from, and it has been an eye-opening experience causing me to count my blessings... I have health insurance and a team of medical professionals. I have paid sick leave and the ability to work remotely from home as necessary, thanks to technology, so I have a paycheck coming in every two weeks.

I have an incredible support system thanks to family, friends and colleagues who have picked up groceries I ordered online, brought in my mail, helped with household chores and even cut and shampooed my hair.

I have learned how hard it is to live with a disability (albeit temporarily) and how aging slows the healing process and limits your options for things as simple as cooking, doing dishes... taking a shower.

This injury has given me such a meaningful understanding for people who do not have what I have. While I am struggling, I know there is an end in sight and my life will return to what most Americans consider normal.

For those whose struggle IS their normal, they have few options but to depend on our food pantry and soup kitchen network for groceries or meals, our shelter network for a place to lay their weary heads. But as much as we do, we can only provide so much as charities rely on donations.

In this fight against hunger, federal nutrition programs like SNAP, the Emergency Food Assistance Program, WIC, school breakfast and lunch, senior nutrition programs to name a few provide ten meals for every one meal charity can provide for those who have nowhere else to turn. Without these programs, in addition to charitable food distribution, hunger in America would be a much bigger problem than we have today.

Let's break down the numbers for the 2017 Federal budget: The federal outlay (spending) totaled approximately \$3,650,000,000,000 (that's what trillions looks like). Spending on federal nutrition programs totaled approximately \$97,980,000,000 (that's billions). BIG numbers, but in the scheme of things, federal nutrition programs are about 2.7% of the federal budget. That means 2.7 cents of every tax dollar you and I pay goes to help people facing hunger.

So, ask yourself this: If I lost my income, how long could I last without needing both federal nutrition assistance and charity? What about my family, friends, neighbors? Is 2.7 cents of every tax dollar worth having a safety net for all of us if needed? Seems like a small price to pay to live in a society that cares for its own.



## BOARD OF TRUSTEES

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**Mike Harkrader**  
Community Volunteer

**Debbie Jones**  
Community Volunteer

**Chuck Roesch**  
Dinsmore & Shohl LP

**Mike Sullivan**  
Meijer Distribution Center

**Steve Woody**  
Retired

**Terri Coffey**  
The Kroger Company

## UPCOMING EVENTS

### **Kroger Round Up**

Round up your grocery purchase to the nearest dollar  
Every time you shop

### **Walmart**

#### **Fight Hunger Spark Change**

Each participating item purchased at Walmart or through Walmart.com will unlock a donation equivalent of one meal or donate at the registers, donations of \$1, \$2, \$5 or another amount will be accepted.

**April 2-30**

### **Stamp Out Hunger =Food Drive**

Place non-perishable food by your mailbox for the letter carrier to collect when delivering your mail.

**May 12**

### **Red Nose Day**

\$1 Red Noses purchased from your local Walgreens in May will support Shared Harvest's Backpack program. For ideas about how to make it fun and make a difference, visit [rednoseday.org](http://rednoseday.org)

Then, Get Your Nose On!

**May 24**

When we think about hunger, we might think back to the Great Depression or to the global ads you see on television for other countries.

But 41 million Americans struggle with putting enough food on their table, and in Ohio that means 1 in 6 households do not have enough to eat.

The reality is what we think we know about hunger is not always what hunger looks like. When you are talking about 41 million or 1 in 6 households, that means it is possible you could be living next door to someone who is food insecure and never even know it.

Likewise, when people think about advocacy, they often imagine only one aspect of it which is engaging with elected officials through petitions, phone calls, and in person visits.

Certainly, this is part of what an advocate does but more importantly it is about being an informed citizen and passing that knowledge on to our communities.

When all of us are informed, I truly believe a difference can be made when we are looking at protecting and strengthening the programs needed to ensure everyone has enough food to eat.

The best place to start is by debunking many of the myths surrounding people living in poverty:

**#1 MYTH: There's a hunger crisis in other parts of the world—not in America.**

*FACT: High housing costs, rising food prices and unexpected expenses have left millions unable to stretch their dollars far enough. Sometimes they can put a warm meal on the table after a long day—and sometimes they go to bed hungry.*

**#2 MYTH: People who face hunger in America are typically homeless and unemployed.**

*FACT: Most of the households we serve are not homeless, and they have at least one working adult. Even though they're pinching pennies, they struggle to fill their plates with the food they need to keep going.*



## Advocacy Corner

**Sarah Ormbrek**

**#3 MYTH: Hunger is most frequently found in cities.**

*FACT: Seventy-five percent of the counties with the highest hunger rates in America are in rural areas. Limited access to jobs, transportation and education make it tough to earn a living in remote areas like rural Alaska.*

**#4 MYTH: Food waste and hunger are different problems with different solutions.**

*FACT: Shared Harvest Foodbank and Feeding America work with food companies, farmers and other generous partners to rescue more than 3 billion pounds of food each year and help deliver it to families in need. We believe that rescuing food from going to waste is critical to solving the hunger problem in our country.*

**#5 MYTH: I can't do much to help overcome challenges like hunger and food waste.**

*FACT: Individual actions add up to make a significant impact. There are many ways you can help Shared Harvest fight hunger and poverty.*

If you are interested in learning more about the Farm Bill and the importance of no structural changes to the Supplemental Nutrition Assistance Program, or SNAP, formerly and still known as food stamps, please call Sarah at 513-874-0114, email [sarah@sharedharvest.org](mailto:sarah@sharedharvest.org) or visit our advocacy page at [www.sharedharvest.org](http://www.sharedharvest.org) to sign up for advocacy alerts.

## Hunger In Real Life

### True Stories From Shared Harvest SNAP Outreach

I met Keith at a food pantry in Hamilton, Ohio. He is a single father of an infant son. When Keith is not working, he is caring for his son. Keith works for a local cleaning company and struggles to make ends meet. To continue working at his job, Keith is required to pay childcare costs daily. Keith told me that he is starting to get back on his feet and SNAP benefits will help alleviate some of the strain of having to purchase food. He has high hopes that he will thrive and is optimistic about his future. Keith wants to help others and give back to his community.

There is a growing number of single fathers in the US; this number has grown nearly nine-fold in the past 50 years. As a community,

we can help protect programs like SNAP. Keith is a hard-working father who is just trying to make it in the world. He would prefer not to be on government assistance, but he knows that SNAP will help him make better nutritional choices for his son and himself. I am really happy I was able to help Keith that day.

— **Nikki Jennings**

I met Michael at The Salvation Army in Middletown, Ohio. He wanted to apply for SNAP benefits and we talked about his current problems. Michael is homeless, but he is fortunate enough to have a friend who provides him with shelter. Michael was recently laid off from his job and is not receiving any income.

The only food he receives is from his local food pantry. I helped Michael fill out his SNAP application and told him about organizations in his area that can assist him with housing.

There are many people like Michael who are living in the homes of friends or relatives, but not living in homeless shelters. These people are considered homeless because they do not have shelter of their own. SNAP benefits will help Michael put food on his table and allow him to focus on other essential tasks, like finding a job.

I am glad I met Michael. I could tell that he was more optimistic about his future when he left. I truly hope everything works out for him.

— **Peter N. Engelhard Jr.**



# We Feed People Because...



## No one should go hungry

Our core mission is to alleviate hunger by distributing surplus marketable and wholesome grocery products to a network of charitable food pantries, soup kitchens, shelters and other distributing organizations. Shared Harvest Foodbank serves the Ohio counties of Butler, Darke, Miami, Preble and Warren; which in turn distribute these products to needy and hungry people.

## Food is Education

Shared Harvest's Backpack program provides children dependent on school breakfast and lunch with meals and snacks for the weekend during the school year. Our surveys have shown that 70% of the children who participate in this program show improvement somewhat or very much in attendance, classroom behavior and performance. In 2017:

- An average of 3200 children were served weekly
- 100,555 bags of food were distributed
- 418,979 meals provided



## Food is Medicine

CSFP provides a monthly box of nutritious supplemental food for persons over the age 60 whose income is at or below 130% of the federal poverty line. This program provides healthy food focused on the dietary needs of an aging population; which helps to improve health and reduce medical costs, so people do not have to choose between food and medicine. In 2017:

- An average of 1519 seniors were served monthly
- 18,222 boxes of food were provided
- 411,233 meals provided



## Food is Hope

Our network of partner charities provides families living in poverty with one of the most basic human rights—access to food. In 2017:

- An average of 34,200 people received about 3 to 5 days worth of food monthly from pantries.
- An average of 29,600 meals were served monthly by soup kitchens and shelters
- Through our outreach program, 1447 households were able to apply for SNAP benefits providing an additional 1,100,952 meals

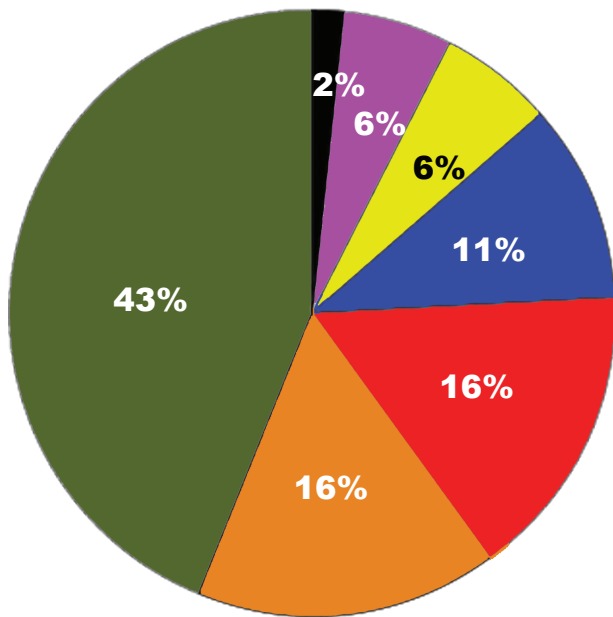


Through the combined support of national and local donors & federal and state programs, our network was able to provide 6,988,617 meals to people in need.

# 2017 By The Numbers

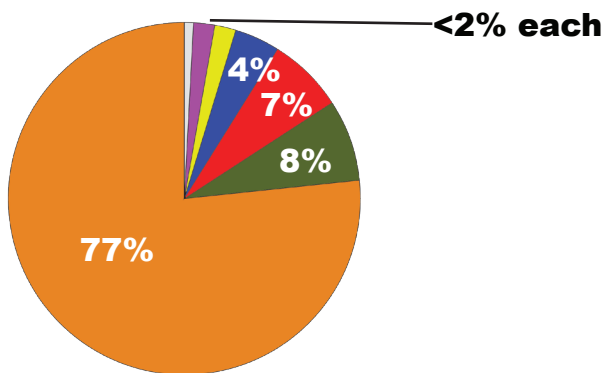
Almost half of the food we distributed in 2017, came from private donors, but charity cannot do it all. Safety net programs such as TEFAP, CSFP, OFP, ACP, & SNAP allow our network to provide 3,385,900 more meals to people in need, right here at home.

## 6,988,617 MEALS PROVIDED BY SOURCE



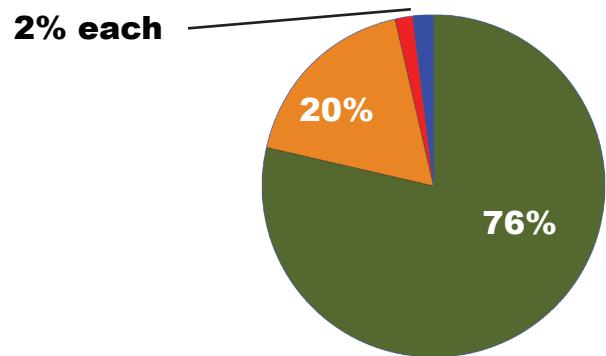
In Kind Food Donations	3,061,370
TEFAP	1,121,866
SNAP	1,100,952
Ohio Food Program	751,849
CSFP	411,233
Clearance Program	406,304
Purchase Program	135,043

## \$9,330,961 IN REVENUE



Food Donations*	\$ 7,138,678
Government Grants	\$706,693
Contributions	\$638,337
Partner Charities	\$389,007
United Way	\$192,628
Ohio Assn. of Foodbanks	\$174,785
Foundations	\$65,659
Miscellaneous	\$25,174

## \$9,278,318 IN EXPENSES



Food Distributed*	\$7,073,502
Operations	\$1,829,285
Food/Fund Development	\$173,686
Management & Support	\$201,845

*\*Valued at \$1 per pound*

**RED  
NOSE  
DAY**

**MAY 24 • 2018**



## RETAIL PICK-UP

Aldi's  
Kroger Company  
Marsh's Supermarkets  
Meijer Stores  
Target  
Walmart

## INDIVIDUAL FOOD DONORS

Christine Crear  
Ryan Ehlinger  
Simon Fluckiger  
Irene Harroll  
Julie Lamar  
Rosemary Miller

Maria Ohl  
Deklen Ormbrek  
Brad Ruter  
Matthew Scagnelli  
Charles Schwartz  
Jennifer Sharres

## FOOD DONORS

A M Conservation Group  
A.L. Smith Transport  
ABC Trucking  
Advance/Pierre Foods  
Aero Fulfillment Services  
Anonymous  
Bar S Foods  
Beaver Street Fisheries  
Bulldog Freightway  
Busken Bakery  
CBTS  
Chickpea Chicks Hummus  
Classic Foods  
Colorado Premium Foods  
ConAgra  
Continental Express

Dale Fibrun Farms  
Davids Tea  
DHL  
Frito-Lay Company  
Good Foods Made Simple  
Kellogg's  
Kraft Biscuit (Mondelez)  
Kum & Go  
Lakota Transport Inc.  
Meijer Distribution Center  
Miller Poultry  
Nestle USA Inc.  
Nestle Waters  
Nihm Trucking  
Ohio Association of  
Foodbanks

Ohio Dept. of Job & Family  
Services  
Petsmart  
Portion Pac/Heinz  
Prairie Star Farms Dairy  
Sanderson Farms  
Schwanns Food Service  
Smithfield Packaging  
Supply Chain  
Swift Transport  
Tropicana  
Tyson Foods  
USDA  
Vendors Supply of Ohio  
Victory Wholesale Grocers  
White Castle



## FOOD DRIVES

Aftermarket Group	Solutions
Thyssenkrupp	Core & Main
AK Steel	Cornerstone Church
Arc Document Solutions	Crossview Christian Church
Austin Fartes Scouts	CSL Plasma
Badin High School	Deklen Ormbrek
Butler Behavioural Health	Delta Kappa Gamma Chi
Butler RTA	DNA Diagnostics
Butler Tech	Dollar General
Camp Campbell Guard	Elements
Camp World	ES3
CarMax	Fairfield Senior High
Cheesecake Factory	FedEx
Childrens Learning Adventure	Fifth/Third Bank Food Drive
City of Hamilton	First Financial Bank
Clark Shaefer & Hackett	G.E. Aviation
Clarke Power Services	GE Hispanic
Community First Solutions	Goldfish Swim School
Community Health	Graham Packaging
Contech Engineered	Graphel Carbon Products

Hamilton Library  
 HI-TeK Manufacturing  
 Home 2 Suites  
 Kettering Health Network  
 Kroger HQ  
 Kroger Marketing Associates  
 Lane Library  
 Life Span  
 Logicials  
 Macy's Bag Hunger  
 Manheim  
 Meister Dental  
 Miami Hamilton  
 Miami M Town  
 MK Dental Excellence  
 Montessori Academy 8th  
 Graders  
 New Beginning Covenant  
 Church  
 Ohio Eagle



**FOODBANK**

**EACH ONE DOLLAR YOU GIVE  
 PROVIDES SEVEN MEALS  
 FOR A NEIGHBOR IN NEED**

OPW	Swim Outlet
Perform Your Core	TaeKwon Donation
Pole Zero	The Cleaning Authority
Process Plus	Thyssenkrupp Bilstein Of America
Res Care	Total Quality Logistics
Ridgeway School	Tri Health Digestive Institute
Ryan's Tavern	Ultimus Solutions
S.A.N.E.	Villas of Park Place
SafeCo	Wayback Burgers
Skylove	WWW Management
Springdale DeLux Cinema	

## IN MEMORY OF...

Tracy & Cecil Abney by Carolyn Abney	Mike by Marggit Deutsch	Hilbert Lentz by Ronald & Robin Herzog	Kyle O'Rourke by Kimberly O'Rourke	Mark Shaw by Marlene Shaw
Phillip Baker by Wayne Baker	Alison Moore by Andy & Sarah Dillhoff	Sam & Helen Isgro and Don & Faye Yeakle by Steve Isgro	Mrs. Leta Mae Williams by Robert, Lisa, Delaney & Noah Orr	Sgt. Alexander Pak USMC by Daniel & Sheila Siefer
Bea Loomis by Baker Family	Diane Teubner by Janet Eckerfield	Marilyn Stephenson by Craig & Terry Jacobs Jacobs	Harry & Landen Otto by Dorothy Otto	Norma Skidmore by John Skidmore
Dencil Brooks by Norma Barnes	Joseph Elam by Jenny Elam	Alberta Stricker by Leah Lewis	Norman Porges by Ronald & Judith Porges	Leroy Brown by Daniel & Eva Snider
Edward Bolger by Alice Bolger	Gene Collins by Frances Fowler-Collins	Sam Liko by Gaynelle Liko	Robert Primm by Sharon Primm	Tom Stallman by Judy Stallman
Mr. & Mrs. Paul Bonner Sr. by Paul Bonner	Duane & Helen Gambrell, Frances Kirby & George	Mary Ann Armstrong by Dianna Manning	William K. Stone by Relstone Charitable Trust	Richard L. Tuley by Phyllis Tuley
Lloyd Barnes by Terry & Mary Brooks	Kirby by Michael & Carol Gambrell	Joy Keitz (Whaley) by Susan Marvin	Phyllis J. Wehr by Carole Rothfuss	James Vance by Karl & Georgie Vance
Peggy Burdette by James Burdette	Joey Gibson by Dennis & Mary Garland	Charles McKinney by David McKinney	Doris & Louis Schellenbach by Mary Clare Schellenbach	Danny Watts Jr. by Danny & Phyllis Watts
Peggy G. Blanton by James Burdette	Lou & Theresa Geiger by Louis & Cheryl Geiger	David J. Metzler by Sandy Metzler	Kathy Sarlo by Christopher Schleifer	Margaret Weisenbarger by Gale & Carol Weisenbarger
Michael Cifuentes by Carolyn Cifuentes	Howard & Bette Green by Patrick Green	Geltrude Resko by Kimberly Nelson	Tyler Schutte by Ronald Schutte	Jack Weisenberger by Donna Weisenberger
Shelia Crehan by Matt Crehan	Elmer Bitzer Jr. by Steve & Olivia Harmon	Loved ones by Darlene Onyett	Iris B. Setaro by Joe Setaro	
Edward J. Demske by Elizabeth Demske	Greg Farrish by Steve Glaub Dean Crossley by Ronald & Robin Herzog			

## IN HONOR OF...

Pam Biederman by R.P. & Patsyann Biederman	Nancy Halck on her Birthday by Richard & Mary Griss	Christmas by Larry Knapp	James E. Paulus by Suzanne Paulus	The birthday of Carol Lentz by Edna Stamper
The holidays, by John & Barbara Blom	The Griss Family by Richard & Mary Griss	Mary Knollman by Leonard Knollman	Mary Potts Greene by Tim Potts	The Vail Family by Donald & Florence Vail
Thanksgiving by Fred Bohanna	The Hacker Family at Thanksgiving by Arnold & Virginia Hacker	Tony & Mary Osso by James Korb	The Fecher Family by David & Deborah Ratterman	Steve & Phyllis Schwartz for the holidays by Greg & Jo Walker
Margie Davidson for the holidays by Keith Davidson	Grandchildren by Neil & Karen Hand	Mildred Lowther by Dan Lowther	Mr. & Mrs. Greg Walker at the holidays by Stephen & Phyllis Schwartz	Dr. Samuel L. DeLeeuw by Joan Witt
The Fecher Family by James & Peggy Fairbanks	The birthday of Jana Morse by Mariyn Heiger	Ruth Schlachbach by Susan Marvin	Pete, Terry & Cindy by Barbara Sheyer	My grandma who gave to Shared Harvest for years and I would like to carry on the tradition of giving by Mimi Zenni
Tina by Cora & Bob Fiehrer	Christmas by Cheryl Huebner	C. Linch McKinney by David & Janet McKinney	Dick & Mary Griss by Robin Solazzo	
The birth of Lauren Allen	Christmas for my fellow staff at Cornerstone Counseling and Consulting by Dawn Kearns	Christmas by Bob & Betty Meiner	The birthday of Carol Lentz by Judith Stallman	
Foley by Daniel & Diane Foley		Thanksgiving by Jeff Millner		
Chris & Nicole Griffith by Rebecca Griffith		Mary & Evan Paullus by Dale Paullus		



FOODBANK

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GIVING IS.

5901 Dixie Highway  
Fairfield, Ohio 45014-4207  
www.sharedharvest.org  
800-352-3663

WINTER 2018

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U.S. Postage  
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Cincinnati, OH.  
Permit No. 4959

## Foodbank Staff

Ann Copple	Administrative Assistant
Rick Devine	Operations Manager
Peter Engelhard	SNAP Outreach
Sean Hassler	Driver/Warehouse
Nate Hoskins	Warehouse Manager
Debbie Houston	Food Production
Nikki Jennings	SNAP Outreach
Richard O Jones	Communication Specialist
Heather Merritt	CSFP Administrator
Sarah Ormbrek	Agency Relations Director
Tina Osso	Executive Director
Terry Perdue	Chief Fiscal Officer
Darrell Sandlin	Chief Operating Officer
Mike Stamper	Retail Pickup
Taylor Wellman	Driver/Warehouse
Mike Williams	Driver
Robert Zohfeld	SNAP Outreach



ZERO  
HUNGER  
ZERO  
WASTE

Join us in  
imagining a world  
with zero hunger  
and zero waste.

It's more than just a fund-raising campaign. It's a new way to shop for groceries for your family *and* bring food to the tables of hungry neighbors. The Kroger **Round-Up** fundraising campaign began in all area stores on March 5 *and will run indefinitely*, giving shoppers the option to "round up" their total grocery purchase at the cash register, with 100% of the funds benefiting Shared Harvest Foodbank in the five counties we serve. **Round-Up** is part of **Zero Hunger | Zero Waste**, a national effort introduced by The Kroger Co. to end hunger in the communities Kroger calls home and eliminate waste across the company by 2025.