



FOODBANK

**HUNGER IS NOT A CHOICE.
GIVING IS.**

www.sharedharvest.org

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OUR MISSION

To find, rescue and distribute food to people living in poverty through an efficient network, uniting the public and private sectors;
To raise awareness of the impact of poverty.



Richard O Jones
Editor

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Salvation Army
works to feed
children for the
summer**

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**Islamic
Center
opens
pantry to
aid local
refugee
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A Letter From Our Director...

Terry Perdue



Despite the advent of the internet, mobile technology, social media and the innumerable on-line platforms all designed with the intention of making the world a smaller place, I fear that we've become more disconnected. Our culture has become so divisive on countless issues; forgetting what it is that unites us.

As I settle in this new role and resume the marathon that Tina began years before, torch in hand, the path ahead of me is clear. I feel the weight of the responsibility to bring awareness to the issues that people face, in hopes that you too will feel compelled to make a difference in whatever way you can.

I recently learned that the average age of seniors we serve is 69 with a median income of barely \$1,000 per month. When I take a moment to sit with them and just listen, what I really hear is their wish for someone to simply care and acknowledge their existence. Isn't that what we all want?

At the other end of the spectrum, I learned that statistically 1 in 5 children are food insecure in our community. Having grown up in a household without enough to eat, I literally feel anxiety thinking about hungry children. I remember feeling like a failure one evening when my son came home from school especially hungry because he forgot his lunch money. When they were babies, I swore to myself that I would starve before my children ever went hungry. I know now that many parents in our community actually do. Don't we all desire for our children to grow up in better circumstances than what we had?

Our purpose as an organization is to feed hungry people. But we can only do that if we are unified. In this issue, you will learn about some of our tremendous partnerships with bridge builders like the Islamic Education Council (Rahma Community Services), Salvation Army of Middletown, and Kelly Armstrong, affectionately referred to as "the hummus lady" from Chickpea Chicks.

These partnerships combine many different segments of our society, uniting us all with a common goal: feeding hungry people, right here at home. I challenge you to search for similarities in someone that you perceive to be completely different from yourself. You just might be surprised by how much more alike we are than different.

Affectionately,


Terry Perdue

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UPCOMING EVENTS

Hunger Action Month

September 1-30

Food For All Food Truck Rally & Music Festival

September 28

Rubber Duck Regatta

Through August 31

Support the BackPack Program by donating at the Kroger registers and get a chance to win a car or even \$1,000,000!

www.sharedharvest.org/news



Federal Child Nutrition Programs not only work to help provide healthy food to all children; they also provide subsidized meals for children living in low income households. Currently the United States Department of Agriculture estimates more than 12 million children live in food insecure households.

Hunger affects all ages but for children, the impact of inadequate nutrition is far more severe. Food insecure children are more likely to experience learning and academic difficulties due to reduced concentration and an increase in likelihood of poor attendance. Additionally, they suffer from poorer general health and have a 1/3 greater chance of having a history of hospitalization.

While Congress aims to reauthorize many of these programs every five years under the Child Nutrition Reauthorization Act (CNR), the last time this happened was 2010. However, recently three pieces of legislation have been introduced into the Senate that all address ways to provide better access to nutritious meals during the summer by providing alternate models for children to access food as well as reduce the amount of barriers providers of summer meals face. Passing of this legislation is critical. In Ohio, only 9.8% of eligible children access summer feeding programs which leaves 593,949 children unserved during the summer.

Please consider contacting Senator Rob Portman today asking him to support the following three bills, that would help us ensure every child has access to the nutritious meals they need to grow, learn, and thrive. Call by phone at 202-224-3353 or email: Sarah_Pearce@portman.senate.gov.

- Hunger Free Summer for Kids Act of 2019 (S.1918): Introduced by John Boozman (R-AR), Patrick Leahy (D-VT), Mitch McConnell (R-KY), Michael Bennet (D-CO), Cindy Hyde-Smith (R-MS), Sherrod Brown (D-OH), and John Hoeven (R-ND)
- Summer Meals Act of 2019 (S.1908): Introduced by Kirsten Gillibrand (D-NY) and Lisa Murkowski (R-AK)
- Stop Child Summer Hunger Act of 2019 (S.1941): Introduced by Patty Murray (D-WA)

You can sign up for our Call to Action Alerts and learn more about the three bills by visiting our website at sharedharvest.org/advocacy.



A life-long foodie, Kelly Armstrong said that she first got interested in hummus back in the early '90s.

"I was vegetarian and I needed survival party food," she said. The food at social gatherings back then, in the days when there were few vegetarians and nobody ever heard of a vegan, were mostly meat-heavy, skyline dip and meatballs, weiners in barbeque sauce.

For variety, she started adding flavors to the basic chickpea recipe. Lemon was the first, and it remains one of her staples and best sellers, and "Smokin'," made with chipotle peppers, was another early innovation.

Her hummus creations were such a hit that in 2015, she and a partner started going to the Oxford Farmer's Market on the weekends to sell big batches of hummus under the brand Chickpea Chicks. The first time out, they sold everything.

A graphic artist at the time, Kelly wasn't specifically looking for a new career, "but I think I was ready for a change unknowingly," she said, "and it kind of blew up from there."

Dealing in volume also meant she had to deal with expiration dates, and felt bad about having to throw product away.

"I thought, this is so wasteful because it's so good for like a couple of days after the best by date and there have got to be people who are hungry and still care about what they eat or they're vegetarians or vegan for that matter," she said, so she reached out to Shared Harvest Foodbank, and now is a regular supplier.

"I know that there are people who want to eat healthier and make better choices but can't necessarily afford it," she said. "I'm more than happy to help out even if it's just a teeny tiny bit."

Middletown programs help feed children when school is out

In the summer months, while children are away from school, the Middletown Salvation Army's Kids Summer Free Lunch Program is held at fourteen parks throughout Middletown. They also have a Mobile Farmer's Market for Children, a fresh produce distribution program for kids.

The Mobile Farmer's Market for Children has been taking place once a week and will continue through August 9. The type of produce varies from week to week, but the food is always fresh and ready to eat. On one day, they had pineapples, watermelons, cantaloupes, and peanut butter. There were cars lined up around the block. Each volunteer gave certain amounts of produce to each family depending on how many children lived in the home. If a family was not signed up for the program, they were sent to a separate line to apply and were given produce shortly thereafter.

This program serves around 700 to 900 children in Middletown each day and supplies 1,200-1,400 shelf stable weekend meals each Friday. The Salvation Army of Middletown will serve between 200-300 families a week with this summer program. By the end of the summer, they will be up to 400 families alone with this program.



Volunteers said that the Mobile Farmer's Market for Children is so successful that they often have nothing left by the end of each session. This program is amazing because nothing goes to waste or is thrown out, and each child has a chance to eat nutritious meals this summer.

Weekend Meals are also given away every Friday with the lunch program. All meals are shelf stable and do not require any special assembly; they are easy for children to pick up and eat themselves.

On a Friday, there are often no meals left behind at The Salvation Army in Middletown. Many families depend on these programs to help feed their children throughout the summer months.

— Nikki Jennings

Pop-Up Pantries Continuing Through the Summer



Shared Harvest Foodbank has been working with partners in our service area for food distributions to move the excess trade mitigation commodities we are receiving through USDA and to provide a little extra food to those in need.

New pantry has global impact

Having gotten a lot of requests in recent years from needy refugee families who have come to Ohio from all over the Middle East, Asia, and Africa, the Islamic Center of Greater Cincinnati began piloting a food pantry program in December 2017, something that had long been on their agenda.

“We saw a lot of these refugee families on a monthly basis,” said pantry coordinator Jackie Othman. “They were coming back for food, and we thought this would be a great startup. They’ve been wanting to open one for a really long time, but this kind of gave an impetus to do it.”

Their food pantry started off serving about 30 families, but that has risen to around 50 or 60 families a month.

“After we were open for a year, we were able to start partnering with Shared Harvest Foodbank,” she said. “We have to follow certain guidelines, but we can get food for a lot cheaper than we could through wholesalers by sharing in the foodbanks cost to acquire donated food.”

“Plus another advantage is that we are able to offer our families more products to fill their simple and basic needs. So this allowed us to put more items in our pantry and fill it up.”



FOODFORALL

FOOD TRUCK RALLY



MUSIC FESTIVAL



FREE ADMISSION!!!

NOON-8 P.M. - SATURDAY - SEPTEMBER 28
MARCUM PARK - HAMILTON, OHIO

5 harvest gatherings

FOOD TRUCKS

- The Bearded Pig • Chicken Mac • Golden Goose • The Italian Truck • Kona Ice • Mexi-Q • Patriot Grill • El Rancho Nuevo • The Screaming Goat • Streetpops • Sweet & Savory Express • Richard’s Pizza • Big Blue Food Truck • The Poutine Machine • Mama Lynne’s Cheesecake • Pit to Plate BBQ • Soft Drinks • Premium & Craft Beer

MUSIC

- Swingfoot • Billy Two Shoes • H&R Rock • Big Time Pharaohs • Kevin & Barb • Mark Joshua • Ohio Brass & Electric • **More to come! Schedule TBA**

FUN!!!

Family Hour Noon to 4 p.m.

- Face Painting • Unsung Salvage T-Shirts • Empty Bowls Painting Project • Costumed Characters (2-4 p.m.) • P.A.W.S. Adoption Mobile • 4-H Animals • Touch-A-Truck • Salsa Making • Cornhole • Hunger Games Scavenger Hunt

Hunger In Real Life

True Stories From Shared Harvest SNAP Outreach

I have undertaken homeless outreach to help people in Butler County. Many people I meet struggle with drug and alcohol addiction, mental illness, and hunger. I go with a group called Saving Lives in Ministry (SLIM) to help the homeless get the services they need to become self-sufficient. Each member of the team offers some type of service. I help the homeless population by assisting with applications for SNAP benefits and Medicaid.

I have seen the SNAP program help many people in the homeless outreach project. People who graduate from a drug recovery program or leave a mental illness facility need a buffer to help them get back on their feet. SNAP benefits are critical in this regard and feed the homeless while they are looking for housing

and a job.

During homeless outreach a couple of weeks ago, I met Michael, who had lived in Children Service's custody for five years. When Michael turned 18, he could no longer receive their support and ended up homeless on the street. Michael has been struggling during the last couple of months with illness and living outside in the cold weather.

"It was hard trying to get food," he told me. "This is the reason why I'm so skinny."

Michael had to wear the same clothes every day. He was stressed all the time and felt like quitting on life. The only resources Michael had access to were food pantries and the generosity of churches in his community. Recently, he started receiving help from Transitional Living (TLC) to help him attain housing. He is also

actively seeking employment in his community.

The SNAP program will open a way for Michael to have easier access to food and create a safety net for him. I asked Michael how SNAP benefits would help him, and he said, "The SNAP program will help me have access to more varieties of food and have a healthier life. The program shouldn't get cut because there are people struggling to make ends meet out on the streets."

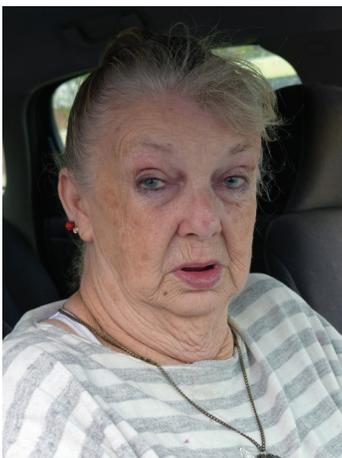
If I didn't do homeless outreach, Michael wouldn't have access to SNAP benefits and would still be struggling with hunger. I don't have to worry about Michael anymore because I know he is able to put food on his table with his SNAP benefits. SNAP Outreach is a valuable tool in the fight against hunger.

— Peter Engelhard Jr.

Senior Citizen Spotlight

Life Stories from CSFP food box recipients

Patti Birch, 72, Middletown



I was a dancer in a club until I was in my 40s. That's how I raised my kids. I made enough money to feed and clothe them. They dressed nice and they ate well. After I turned 44, I did all kinds of things. I cleaned houses and I learned how to put in a toilet and did other odd jobs. I was an aide. I got my grandson who

is 25 and he has a lot of problems. We have to live on \$766 Social Security a month plus \$192 in SNAP assistance.

Jennifer Meadows, 70, Middletown.



I am retired. I done nurse aide work and home health aide. I liked doing it. You fall in love with people. I was married three times. Two of my husbands are dead and one is in Kentucky. He went back to the hills. You can take the boy out of the hills, but you can't take the hill out of the boys. You know how that goes. I heard

about the food boxes when I was working in home health care. My little client got the boxes and I couldn't wait to turn 60 so I could start getting them. I feel blessed getting it. I really do.

IN MEMORY OF...

Simeon Copple

by Jeanette & Gemma Anderson

Nancye Jo Graeser

by James & Nancy Brunner

Carel Cosby Jr.

by Bonnie Cosby

Helen Smallwood Belcher

by Mark Cox

Margaret E. Doyle

by Vincent Doyle

Roberta Dutze

by Ronald & Virginia Dutze

Warren Falberg

by Irene Falberg

Ronald & Jewell Baker

by Phyllis Flynn

Gene Collins

by Frances Fowler

Joe DeAngelo

by Todd & Carolyn Groeber

Nancye Jo Graeser

by Charlene Hall

Fred Herchenhahn

by Sandra Herchenhahn

Carl Summe

by Arlene Holden

Dennis Isgro

by Steve & Judith Isgro

Allison & Sean

by Gail Ray & Ann Kinnett

Charlotte Nieman

by Karen Lakes

Josephine Loving

by Kevin Loving

Simeon Copple, a mentor and a friend

by Brenden Mil-Homens

Geltrude Resko

by Kimberly Nelson

Mildren Ippoliyo

by Barbara & Isao Noda

Grace Noll

by Frank Noll

Harry & Landen Otto

by Loretta Otto

Nancye Jo Graeser

by Lillian Pater

Simeon Copple

by Allen & Wendy Phizacklea

John Pierce

by June Pierce

Charles A. Blankenship

by Larry Reynolds

Louis & Doris Schellenbach

by Mary Clare Schellenbach

Nancye Jo Graeser

by Sue Snodgrass

Stephen Biondo

by Bill & Sandy Spadafora

Kenneth E. Wills

by Jenny Sue Wills

Judy Schliesmen & Helen Risk

by Juanita Wolf

Bettie Burns

by Jo & Del Young

IN HONOR OF...

Ann Fuehrer

by Muriel Blaisdell

Tom Geiger

by Louis & Cheryl Geiger

Easter

by Holger Gerdes

Jack Gold's Birthday

by Dick & Mary Griss

Hazel Patterson's Birthday

by Virginia & Arnold Hacker

Mary Knollman

by Leonard Knollman

The birthdays of Tehillah, Yedidya &

Ben-Ysri

by Suzanne Sabath

Horace William Wimmer for

Presidents Day

by Alan Dave Wimmer

Corrin Adette Foley's Birthday

by Alan Wimmer

THOUGHTFUL GIVING

In honor of Tina's retirement

after years of service

by Paul & Karla Avance

To help feed people in Butler County

by Virginia Alsept

In honor of Tina's retirement

after a lifetime of service

by Jack & Penny Mairn

FOOD DONORS

Bolthouse Farms

Chickpea Chicks Hummus

Colorado Premium Foods

Cowan Systems

Dittman-Adams

Ellenbee Leggett

Fresh Sausage Specialists

Frito-Lay Company

Girls Scouts of Western Ohio

Keebler

Kraft

Meijer Distribution Center

Mondelez/Nabisco

Nickerson Business Supplies

Ohio Association of Foodbanks

Ohio Dept. of Job & Family Services

P.A.W.S. Adoption Center

Prime Transportation & Logistics

Simple Mills

Sioux Honey

Smithfield Foods

Snyder Lance

Tri State Ingredients

Tyson Foods

USDA

Uzbek Worldwide

Westrock/McCormick

FOOD DRIVES

Abra Body Shop

AK Steel Souper Bowl Drive

Anonymous

Brookwood Elementary

Butler County Bar Association

Butler County Educational Services Center

Butler Tech Bioscience Center

Cincinnati Financial

Coffee Place

Delta Kappa Gamma

First Financial Bank

Honda

Macy's

NALC Stamp Out Hunger

Ultimus Fund Solutions

RETAIL RESCUE

Aldi's

Kroger Company

Meijer Stores

Target

Walmart

INDIVIDUAL FOOD DONORS

Thomas Costello

Alex & Isabelle Kraeger

Amy Kramer

Karen Poleyett

Judy Schaefer

Jeff Young



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GIVING IS.**

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SUMMER 2019

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Rachael Copple	Warehouse Worker
Rick Devine	Operations Manager
Tom Duggins	Driver/Warehouse Worker
Peter Engelhard	SNAP Outreach
Amberlee Finkes	Program Support Specialist
Sean Hassler	Driver/Warehouse worker
Nate Hoskins	Warehouse Manager
Debbie Houston	Food Production
Nikki Jennings	SNAP Outreach
Richard O Jones	Communication Specialist
Sandra McCauley	Finance Manager
Heather Merritt	CSFP Administrator
Sarah Ormbrek	Community Relations Director
Tina Osso	Historian, Storyteller, Archivist
Terry Perdue	Executive Director
Darrell Sandlin	Chief Operating Officer
Mike Stamper	Retail Pickup
Mike Williams	Driver
Robert Zohfeld	SNAP Outreach



**A great big
THANK YOU!**

**to NALC Branches 426 & 43
and all the
VOLUNTEERS
for another great
STAMP OUT HUNGER
food drive.**

NEARLY 40,299 POUNDS OF FOOD COLLECTED IN ONE DAY!!!